

KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY
INSTITUTE OF DISTANCE LEARNING
MSC. HUMAN NUTRITION (IDL) (YEAR 1)

KUMASI : ALT B2

TIMETABLE FOR SEMESTER ONE, Jan 2026 - May 2026

DEPARTMENTAL DETAILS

	NAME	PHONE NUMBER	EMAIL ADDRESS
Programme Coordinator	Marina Tandoh Aferiba	0248989545	marinatandoh@knust.edu.gh
Programme Exam Officer	Joseph Asankomah Bentil	0504689063	jasankomahbentil@knust.edu.gh
Programme HoD	Caleb Kesse Firempong	0501549653	ckfirempong.cos@knust.edu.gh

LIST OF LEAD FACILITATORS

COURSE	NAME	PHONE NUMBER	EMAIL ADDRESS
NUT 551: FOOD SAFETY AND HYGIENE	Felix Charles Mills-Robertson	0246583884	fcmrobertson.cos@knust.edu.gh
NUT 503: MACRO AND MICRONUTRIENTS	Charles Apprey	0243826275	capprey.cos@knust.edu.gh
NUT 561: RESEARCH METHODS AND BIOSTATISTICS	Isaac Akpor Adjei	0205190049	iaadjei.sci@knust.edu.gh
NUT 565: NUTRITION IN THE HUMAN LIFE CYCLE	Mary Amoako	0246410959	madjepong@knust.edu.gh
NUT 555: PUBLIC HEALTH NUTRITION I	Reginald Adjetey Annan	0501549722	raannan.cos@knust.edu.gh
NUT 553: CLINICAL NUTRITION AND THERAPEUTICS I	Marina Tandoh Aferiba	0248989545	marinatandoh@knust.edu.gh



BLOCK 1



Day				
Saturday 17/01/2026	NUT 551 Online 8:00 AM-10:00 AM	NUT 551 Online 10:30 AM-12:30 PM	NUT 503 Online 1:00 PM-3:00 PM	NUT 503 Online 3:30 PM-5:30 PM
Sunday 18/01/2026	NUT 551 Online 7:00 AM-10:00 AM	NUT 503 Online 10:30 AM-1:30 PM		
Saturday 24/01/2026	NUT 503 FF 8:00 AM-10:00 AM	NUT 503 FF 10:30 AM-12:30 PM	NUT 551 FF 1:00 PM-3:00 PM	NUT 551 FF 3:30 PM-5:30 PM
Sunday 25/01/2026	NUT 503 FF 7:00 AM-10:00 AM	NUT 551 FF 10:30 AM-1:30 PM		

MID-SEM (PROFESSIONAL ADD ONS)

Saturday	MID-SEM NUT 551 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 503 (SIT-IN MIDSEM)

NUT 551: FOOD SAFETY AND HYGIENE

NUT 503: MACRO AND MICRONUTRIENTS

NB: All On-line Activities and Assignments for BLOCK 1 should commence by 17th January 2026 / Midsem for Block 1 will be written on 7th March 2026 and 8th March 2026.

BLOCK 2



Day				
Saturday 14/02/2026	NUT 561 Online 8:00 AM-10:00 AM	NUT 561 Online 10:30 AM-12:30 PM	NUT 565 Online 1:00 PM-3:00 PM	NUT 565 Online 3:30 PM-5:30 PM
Sunday 15/02/2026	NUT 561 Online 7:00 AM-10:00 AM	NUT 565 Online 10:30 AM-1:30 PM		
Saturday 21/02/2026	NUT 565 FF 8:00 AM-10:00 AM	NUT 565 FF 10:30 AM-12:30 PM	NUT 561 FF 1:00 PM-3:00 PM	NUT 561 FF 3:30 PM-5:30 PM
Sunday 22/02/2026	NUT 565 FF 7:00 AM-10:00 AM	NUT 561 FF 10:30 AM-1:30 PM		

MID-SEM

Saturday	MID-SEM NUT 561 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 565 (SIT-IN MIDSEM)

NUT 561: RESEARCH METHODS AND BIostatISTICS

NUT 565: NUTRITION IN THE HUMAN LIFE CYCLE

NB: All On-line Activities and Assignments for **BLOCK 2** should commence by **14th February 2026** / Midsem for Block 1 will be written on **7th March 2026** and **8th March 2026**.

BLOCK 3



Day				
Saturday 14/03/2026	NUT 555 Online 8:00 AM-10:00 AM	NUT 555 Online 10:30 AM-12:30 PM	NUT 553 Online 1:00 PM-3:00 PM	NUT 553 Online 3:30 PM-5:30 PM
Sunday 15/03/2026	NUT 555 Online 7:00 AM-10:00 AM	NUT 553 Online 10:30 AM-1:30 PM		
Saturday 28/03/2026	NUT 553 FF 8:00 AM-10:00 AM	NUT 553 FF 10:30 AM-12:30 PM	NUT 555 FF 1:00 PM-3:00 PM	NUT 555 FF 3:30 PM-5:30 PM
Sunday 29/03/2026	NUT 553 FF 7:00 AM-10:00 AM	NUT 555 FF 10:30 AM-1:30 PM		

MID-SEM

Saturday	MID-SEM NUT 555 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 553 (SIT-IN MIDSEM)

NUT 555: PUBLIC HEALTH NUTRITION I

NUT 553: CLINICAL NUTRITION AND THERAPEUTICS I

NB: All On-line Activities and Assignments for BLOCK 3 should commence by 14th March 2026 / Midsem for Block 1 will be written on 7th March 2026 and 8th March 2026.



PROFESSIONAL ADD ONS DATE:

7th February 2026 And 8th February 2026

MIDSEM EXAMINATION DATES:

7th March 2026 And 8th March 2026

18th April 2026 And 19th April 2026

END OF SEMESTER EXAMINATION DATES:

2nd May 2026 And 3rd May 2026

9th May 2026 And 10th May 2026

16th May 2026 And 17th May 2026

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LIST OF ZONAL COORDINATORS



CENTRE	NAME	PHONE NUMBER
Kumasi	Ama Mansa Amoah-Kusi	0501102650
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Accra(McCarthy)	Agnes Boahene	0500482895
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Accra(Adenta)	Kwadwo Boahen	0509627679
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