

KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY
INSTITUTE OF DISTANCE LEARNING
MSC. HUMAN NUTRITION (IDL) (YEAR 1)



ACCRA : ALT B1

TIMETABLE FOR SEMESTER ONE, Jan 2026 – May 2026

DEPARTMENTAL DETAILS

	NAME	PHONE NUMBER	EMAIL ADDRESS
Programme Coordinator	Marina Tandoh Aferiba	0248989545	marinatandoh@knust.edu.gh
Programme Exam Officer	Joseph Asankomah Bentil	0504689063	jasankomahbentil@knust.edu.gh
Programme HoD	Caleb Kesse Firempong	0501549653	ckfirempong.cos@knust.edu.gh

LIST OF LEAD FACILITATORS

COURSE	NAME	PHONE NUMBER	EMAIL ADDRESS
NUT 551: FOOD SAFETY AND HYGIENE	Felix Charles Mills-Robertson	0246583884	fcmrobertson.cos@knust.edu.gh
NUT 503: MACRO AND MICRONUTRIENTS	Charles Apprey	0243826275	capprey.cos@knust.edu.gh
NUT 561: RESEARCH METHODS AND BIOSTATISTICS	Isaac Akpor Adjei	0205190049	iaadjei.sci@knust.edu.gh
NUT 565: NUTRITION IN THE HUMAN LIFE CYCLE	Mary Amoako	0246410959	madjepong@knust.edu.gh
NUT 555: PUBLIC HEALTH NUTRITION I	Reginald Adjetey Annan	0501549722	raannan.cos@knust.edu.gh
NUT 553: CLINICAL NUTRITION AND THERAPEUTICS I	Marina Tandoh Aferiba	0248989545	marinatandoh@knust.edu.gh

BLOCK 1



Day					
Saturday 17/01/2026	NUT 551 Online 8:00 AM-10:00 AM	NUT 551 Online 10:30 AM-12:30 PM	NUT 503 Online 1:00 PM-3:00 PM	NUT 503 Online 3:30 PM-5:30 PM	NUT 551 Online 6:00 PM-8:00 PM
Sunday 18/01/2026	NUT 551 Online 7:00 AM-9:00 AM	NUT 503 Online 9:30 AM-11:30 AM	NUT 551 Online 12:00 PM-2:00 PM	NUT 551 Online 2:30 PM-4:30 PM	
Saturday 31/01/2026	NUT 503 FF 8:00 AM-10:00 AM	NUT 503 FF 10:30 AM-12:30 PM	NUT 551 FF 1:00 PM-3:00 PM	NUT 551 FF 3:30 PM-5:30 PM	NUT 551 FF 6:00 PM-8:00 PM
Sunday 01/02/2026	NUT 503 FF 7:00 AM-9:00 AM	NUT 551 FF 9:30 AM-11:30 AM	NUT 551 FF 12:00 PM-2:00 PM	NUT 551 FF 2:30 PM-4:30 PM	

MID-SEM (PROFESSIONAL ADD ONS)

Saturday	MID-SEM NUT 551 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 503 (SIT-IN MIDSEM)

NUT 551: FOOD SAFETY AND HYGIENE

NUT 503: MACRO AND MICRONUTRIENTS

NB: All On-line Activities and Assignments for **BLOCK 1** should commence by **17th January 2026** / Midsem for Block 1 will be written on **7th March 2026** and **8th March 2026**.

BLOCK 2



Day					
Saturday 14/02/2026	NUT 561 Online 8:00 AM-10:00 AM	NUT 561 Online 10:30 AM-12:30 PM	NUT 565 Online 1:00 PM-3:00 PM	NUT 565 Online 3:30 PM-5:30 PM	NUT 561 Online 6:00 PM-8:00 PM
Sunday 15/02/2026	NUT 561 Online 7:00 AM-9:00 AM	NUT 565 Online 9:30 AM-11:30 AM	NUT 561 Online 12:00 PM-2:00 PM	NUT 561 Online 2:30 PM-4:30 PM	
Saturday 28/02/2026	NUT 565 FF 8:00 AM-10:00 AM	NUT 565 FF 10:30 AM-12:30 PM	NUT 561 FF 1:00 PM-3:00 PM	NUT 561 FF 3:30 PM-5:30 PM	NUT 561 FF 6:00 PM-8:00 PM
Sunday 01/03/2026	NUT 565 FF 7:00 AM-9:00 AM	NUT 561 FF 9:30 AM-11:30 AM	NUT 561 FF 12:00 PM-2:00 PM	NUT 561 FF 2:30 PM-4:30 PM	

MID-SEM

Saturday	MID-SEM NUT 561 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 565 (SIT-IN MIDSEM)

NUT 561: RESEARCH METHODS AND BIOSTATISTICS

NUT 565: NUTRITION IN THE HUMAN LIFE CYCLE

NB: All On-line Activities and Assignments for BLOCK 2 should commence by 14th February 2026 / Midsem for Block 1 will be written on 7th March 2026 and 8th March 2026.

BLOCK 3



Day					
Saturday 14/03/2026	NUT 555 Online 8:00 AM-10:00 AM	NUT 555 Online 10:30 AM-12:30 PM	NUT 553 Online 1:00 PM-3:00 PM	NUT 553 Online 3:30 PM-5:30 PM	NUT 553 Online 6:00 PM-8:00 PM
Sunday 15/03/2026	NUT 555 Online 7:00 AM-9:00 AM	NUT 553 Online 9:30 AM-11:30 AM	NUT 553 Online 12:00 PM-2:00 PM	NUT 553 Online 2:30 PM-4:30 PM	
Saturday 11/04/2026	NUT 553 FF 8:00 AM-10:00 AM	NUT 553 FF 10:30 AM-12:30 PM	NUT 553 FF 1:00 PM-3:00 PM	NUT 553 FF 3:30 PM-5:30 PM	NUT 555 FF 6:00 PM-8:00 PM
Sunday 12/04/2026	NUT 553 FF 7:00 AM-9:00 AM	NUT 553 FF 9:30 AM-11:30 AM	NUT 555 FF 12:00 PM-2:00 PM	NUT 555 FF 2:30 PM-4:30 PM	

MID-SEM

Saturday	MID-SEM NUT 555 (SIT-IN MIDSEM)
Sunday	MID-SEM NUT 553 (SIT-IN MIDSEM)

NUT 555: PUBLIC HEALTH NUTRITION I

NUT 553: CLINICAL NUTRITION AND THERAPEUTICS I

NB: All On-line Activities and Assignments for BLOCK 3 should commence by 14th March 2026 / Midsem for Block 1 will be written on 7th March 2026 and 8th March 2026.



PROFESSIONAL ADD ONS DATE:

7th February 2026 And 8th February 2026

MIDSEM EXAMINATION DATES:

7th March 2026 And 8th March 2026

18th April 2026 And 19th April 2026

END OF SEMESTER EXAMINATION DATES:

2nd May 2026 And 3rd May 2026

9th May 2026 And 10th May 2026

16th May 2026 And 17th May 2026

LIST OF ACCRA FACILITATORS

COURSE	NAME	PHONE NUMBER	EMAIL ADDRESS
NUT 551: FOOD SAFETY AND HYGIENE	Felix Charles Mills-Robertson	0246583884	fcmrobertson.cos@knust.edu.gh
NUT 503: MACRO AND MICRONUTRIENTS	Charles Apprey	0243826275	capprey.cos@knust.edu.gh
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NUT 553: CLINICAL NUTRITION AND THERAPEUTICS I	Marina Tandoh Aferiba	0248989545	marinatandoh@knust.edu.gh

LIST OF ZONAL COORDINATORS



CENTRE	NAME	PHONE NUMBER
Kumasi	Ama Mansa Amoah-Kusi	0501102650
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Tamale	Zakaria Akama Azongo	0547439298
Bolgatanga	Solomon Azumah	0249876047
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